

3rd Sunday in Lent
9:00 a.m. 8 March 2026

*We invite you to prepare for the service in quiet meditation and prayer.
Hymns are found in the blue Hymnal 1982.
“BCP” refers to pages in the red Book of Common Prayer.*

THE WORD OF GOD

Tower Bells

Voluntary **Master Tallis' Testament**
Herbert Howells

Jesus, lover of my soul (*Stand*)..... **Hymn 699**

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Decalogue (*Kneel*)..... **BCP 350**

At the end of each commandment:

People Amen. Lord have mercy.

After the Decalogue, the Celebrant says

Jesus said, “The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these.”

[*Mark 12:29-31*]

The Confession & Absolution

Deacon

Let us confess our sins against God and our neighbor.

Deacon and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Kyrie **Hymn S 96**

The Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

A reading from the Book of Exodus

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the Lord?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the Lord, “What shall I do with this people? They are almost ready to stone me.” The Lord said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, “Is the Lord among us or not?” [*Exodus 17:1-7*]

Reader The Word of the Lord.

People Thanks be to God.

Psalm 95 (*The choir sings verse 1, verses 2-11 are sung by all*)



- 1 Come, let us sing to the / Lord; *
let us shout for joy to the Rock of / our salvation.
- 2 Let us come before his presence with thanks / giving *
and raise a loud shout to / him with psalms.
- 3 For the Lord is a great / God, *
and a great King / above all gods.
- 4 In his hand are the caverns of the / earth, *
and the heights of the hills / are his also.
- 5 The sea is his, for he / made it, *
and his hands have molded / the dry land.
- 6 Come, let us bow down, and / bend the knee, *
and kneel before the / Lord our Maker.

- 7 For he is our God, and we are the people of his pasture
and the sheep of / his hand. *
Oh, that today you would heark / en to his voice!
- 8 Harden not your hearts,
as your forebears did in the / wilderness, *
at Meribah, and on that day at Massah,
when / they tempted me.
- 9 They put me to the / test, *
though they / had seen my works.
- 10 Forty years long I detested that generation and / said, *
“This people are wayward in their hearts;
they do /not know my ways.”
- 11 So I swore in my / wrath, *
“They shall not enter / into my rest.”

I heard the voice of Jesus say (*Stand*)..... **Hymn 692**

The Gospel

Gospeller The Holy Gospel of our Lord Jesus Christ
according to John.

People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said

to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.” [John 4:5-42]

Gospeller The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

A brief period of silence follows the sermon.

The Nicene Creed (Stand).....**BCP 358**

The Prayers of the People (Kneel)

At the end of each petition

Leader Great God and King,
People hear our prayer.

The Collect for the Diocese

The Peace..... **BCP 360**

Announcements

THE HOLY COMMUNION

Offertory..... ***I believe this is Jesus***
Undine Smith Moore

If you are worshipping with us in person, we encourage you to place your gift in the offering plates as they are passed in the pews. For instructions on online and text giving, see the back panel of this bulletin.

Presentation of Gifts (Stand) **Hymn 152, v.5**

Grant, O thou blessed Trinity;
grant, O unchanging Unity;
that this our fast of forty days
may work our profit and thy praise!

Eucharistic Prayer C..... **BCP 369**

The Sanctus **Hymn S 124**

The Lord’s Prayer **BCP 364**

The Fraction Anthem..... **Hymn S 161**

Communion

All baptized Christians are welcome to receive Communion. Approach the altar in a double line via the center aisle. Stand or kneel at the rail and receive the Bread in your hand. You may sip from the common cup or allow the minister to dip the Bread in the Wine for you. If you prefer a blessing, fold your arms across your chest. If coming forward is difficult, tell an usher and a minister will bring Communion to your pew.

Intercessory prayer is available during Communion at the rear of the nave near the baptismal font; trained ministers offer brief, confidential prayer and anointing for comfort, healing, or strength.

Communion Hymns..... **328, 313, 332**

The Post Communion Prayer (Kneel) **BCP 366**

Sending of Eucharistic Visitors

If Eucharistic Visitors are sent forth to take Communion to the sick or homebound, the following is said.

Celebrant N., we send you forth in the Name of this Congregation, to N. bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s body and blood.

People We who are many are one body, because we all share one bread, one cup.

The Blessing

Come thou fount of every blessing (Stand) **Hymn 686**

The Dismissal **BCP 366**

Voluntary.....**Alla Breve in D, BWV 589**
J. S.Bach

St. John’s Episcopal Church

211 North Monroe Street Tallahassee, FL 32301
(850) 222-2636 | www.saint-john.org

Deep Roots. True Belonging. Abundant Grace.

Welcome!

Since 1829, St. John’s Episcopal Church has sought to love Christ and our neighbors in Tallahassee and the world. Whether you are a lifelong Christian or it is your first time entering a church, welcome. We are glad you are here.

Your Gift Makes a Difference



GIVING

St. John’s runs primarily on the generosity of its members. Give today via the offering plate; or text STJOHNS to 73256; or scan this code with your phone to give online. You can also mail your gift to St. John’s Episcopal Church, Attn: Finance Office, 211 N. Monroe St., Tallahassee, FL 32301. Every gift, large or small, sustains the church you love.

Childcare

Free, professional childcare is provided 8:45 a.m. – 12:30 p.m. each Sunday.

Hearing System

To access our hearing loop system, set your hearing aid to tele-coil or “t” telephone mode. If your hearing aid does not have this capability, wireless headsets are available at the north tower entrance or from an usher.

Large Print Bulletins

Large print bulletins are available in the south transept amd north tower for the visually impaired. Pick one up by the door or ask an usher.

Altar Flower Dedications

Altar flower dedications are a wonderful way to honor loved ones. Visit the GIVE page on St. John’s website or contact the church office for assistance.

Weekly Services

SUNDAY

7:45 a.m.....Holy Eucharist (Rite I).....Sanctuary

9:00 a.m..... Holy Eucharist (Rite II).....Sanctuary
service is livestreamed

11:15 a.m..... Holy Eucharist (Rite II).....Sanctuary

7:30 p.m.....Sung ComplineSanctuary

WEDNESDAY

12:10 p.m..... Holy Eucharist (Rite II)..... Chapel
with Healing Prayer

5:30 p.m..... Evensong..... Chapel
Sung by the Choristers

Parish Prayer List

Please take this list home each week and commit to praying daily for your fellow parishioners.

Prayers: Mtr. Leslie Roraback, Diana Daktere, Baby Honor Isabelle Strauss, John, Ben, Sharon & Nathanael Lyle, Tina, Ray, Corinna Strayer, Joan Collier, PD, Mildred, Kayla Mills, Karen Myers, Baby Teagan, Francine Walker, JR Saginario, Margaret Pendleton

The Departed: Pat Horn, George Taylor, Tess Leuzzi, Diane Tatley, Pat Ifft, Holly Hinson, Carol Hudson

Our Clergy: The Rev. Lonnie Lacy, Rector; The Rev. Leslie Roraback, Associate Rector; The Rev. Joe Bakker, Deacon; The Rev. Melanie Salsgiver, Deacon and Seminarian